

**Sourdough Toast:** jam | Vegemite | peanut butter 6

**Spelt Banana Bread** 6

**Fig & Walnut Bread** 6

**Yoghurt** with berries & honey 9

**Sour Cherry Toast** with ricotta & lime honey 8.5

**Toasted or Natural Muesli** with yoghurt 10.5

*gluten free muesli also available*

**Avocado Crush:** sourdough toast with a side of avocado,  
fresh lemon & dukkah 10.5

Add fetta & balsamic tomatoes 3

**Cyprus Grains Salad:** Freekah, lentils, seeds, raisins with  
fresh vegetables, herbs and preserved lemon beside a bed  
of mixed lettuce, cucumber, cherry tomatoes & marinated

fetta with our house dressing 14

Add falafel 2.5 Add chicken 3.5

**Black Rice Salad:** black rice, shredded coconut, pumpkin  
seeds, cranberries, parsley & shallots on a bed of mixed

lettuce with our house dressing 14

Add falafel 2.5 Add chicken 3.5

**Summer Salad:** quinoa tabbouleh with mixed lettuce,  
cucumber, semi-sundried tomatoes, pitted Kalamata  
olives, toasted seeds & currants, topped with a piece of  
Meredith Goat's Cheese & our house dressing 14

**Crostino:** sourdough toast with ricotta, topped with  
marinated mushrooms, black Kalamata olives, cherry  
tomatoes, basil & sweet balsamic reduction 11.5

**Mezze Plate:** chicken, hommus, tabbouleh, falafels, olives  
served with flour tortilla 20

**Long Board:** leg ham, Maffra cheddar, cornichons,  
honeycup mustard, fruit chutney & bread 18

**Roasted Vegetable Frittata** with green salad 14

**Sandwich** 10.8

*please see display cabinet*

Extra condiments .50

## BEVERAGES

Coffee: regular 4 | large 4.6

Cold brew 5

Extras: soy | mocha | decaf | extra shot .50

Almond milk 1

Espresso 3.5

Tea 4.5

Chai latte: regular 4 | large 4.6

Hot chocolate: regular 4 | large 4.6

Babycino 1.5

Soft drinks 3.5

Juices 5

Milk shake 6.5

Mini shake 3.5

Iced chocolate | iced coffee 7

Iced chai 7

Spider 5.5

## SWEET TREATS

*Please see display cabinet for daily sweet treats.*

**Scones Jam Cream** 8

**Cakes**

**Tarts**

## HIGH TEA TUESDAY

\$35 per person

Sittings 10am–12 noon or 2pm–4pm

Bookings are essential by Monday noon

50% deposit required to make booking

## Salad Splash

If you like our salad splash dressing you can now recreate it at home. Our salad dressing is a mix of  $\frac{1}{3}$  Jomei's Sweet Balsamic Reduction to  $\frac{2}{3}$  Rylstone Olive Oil.

PLEASE ORDER AT THE COUNTER

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